When Should You Call the School Nurse?

We encourage parents/guardians to call with concerns, questions or updated information including the following reasons:

- A new medical diagnosis or change in your child’s physical/behavioral/emotional health status including:
- A new allergy
- A newly prescribed medication or a change in dose of current medication
- A serious illness, injury, condition requiring emergency treatment or hospitalization
- A head injury or concussion
- An injury requiring sutures, casting or mobility assistance of crutches or wheelchair
- Contagious conditions such as chicken pox, flu, strep throat, whooping cough, head lice, or pink eye
- Your child is absent for more than 3 days due to physical illness, injury or mental health
- If there are any recent changes in your family that may affect your child, such as a birth, recent death, serious illness, military deployment, unemployment and martial separation or divorce.
What is School Nursing??

School nursing is a specialized practice of professional nursing that advances the well being, academic success and life-long achievement of students. School nurses facilitate positive student responses to normal development: promote health and safety: intervene with actual or potential health problems: case management services and actively collaborate with others to build student and family capacity for adaptation, self-management, self-advocacy and learning.

The school nurse is the crucial link between health and education. School nurses reach out to students in the schools, their homes and in the community to help them achieve the highest possible health for the highest possible learning.

Roles of the School Nurse

- Assess and evaluate overall student health
- Plan action for elimination, minimization or acceptance of health problem
- Provide information and referral for health/emotional concerns
- Provide selected health services for staff
- Provide assessment, triage and care of sick and injured students and staff
- Observe school facilities and recommend modifications to maintain optimum health and safety of students and staff
- Administer medication
- Perform health screenings
- Monitor immunization compliance
- Follow up concerns regarding student and community health
- Provide education on a variety of health topics to students, families and staff
- Other health care and education-related responsibilities as needed.

Who is your School Nurse?

Charles City District Nurse

Karen Landers RN BSN

Lincoln- 257-6560
Washington-257-6570
Middle School- 257-6530
High School- 257-6510