



Don't forget to eat your fruit and veggies!

# Charles City Schools Breakfast Menu

February 2019

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



**4**  
Long John  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**5**  
Mini French Toast  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**6**  
Breakfast Pizza  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**7**  
Breakfast Stacker Sandwich  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**8**  
Breakfast Burrito  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**11**  
Ham, Egg, and Cheese Bagel  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**12**  
Breakfast Pizza  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**13**  
Mini Pancakes  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**14**  
Biscuit Breakfast Sandwich  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**15**  
Long John  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**18**  
No School/Professional Learning Day

**19**  
Mini Eggo Waffles  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**20**  
Breakfast Pizza  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**21**  
Cinnamon Roll  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

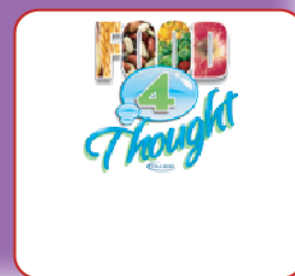
**22**  
Breakfast Sandwich  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**25**  
Banana Chocolate Loaf  
Cheese Stick  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**26**  
Biscuits & Gravy  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

**27**  
Long John  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fresh Fruit  
1% Milk

**28**  
Breakfast Burrito  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk



Prices	
Regular	\$1.45
Adult	\$1.85



**EXTRA INFO**  
Milk choice of 1% or ff chocolate available.  
For questions/comments, please contact your FSD  
at 641-257-6505 ext 2316 or  
email [taher@charles-city.k12.ia.us](mailto:taher@charles-city.k12.ia.us)

