



Don't forget to eat your fruit and veggies!

Charles City Schools Elementary Lunch Menu

Fresh fruit and vegetable bar offered daily!

February
2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



29

30

31

National Wear Red Day 1
Cheese Pizza

Yogurt Pak with Pretzel Bites
Southwest Chicken Salad
Roasted Broccoli

4
Ravioli with Meat Sauce
French Bread

Chicken Gyro
Turkey BLT Wrap
Kale Salad

5
Ham & Tator Tot Breakfast Bake

Cereal Bowl
Cheese Stick
Buffalo Chicken Salad
Minted Fruit Salad
Cinnamon Roll

6
Chicken Nugget Basket

Fish Nugget Basket
Chef Salad
Tator Tots
French Bread

7
Soft Beef Tacos
Lettuce, Tomato, Cheese

Arroz con Queso (rice w/cheese)
Tortilla Chips
Ham Deli Sandwich

8
HOM Papaya
Pasta with Meat Sauce
Rip Stick Breadstick

Italian Turkey Panini
Chicken Caesar Salad
Green Beans
Papaya Tasting

11
Chicken and Cheese Quesadilla
Ham, Egg & Cheese on Bagel
Chicken Caesar Salad
Spicy Pinto Beans

12
Macaroni & Cheese
Sloppy Joe on a Bun
7 Layer Salad
Roasted Broccoli

13
Corn Dog
Pulled Pork Sandwich
Fruited Spinach Salad
Coleslaw

14
Valentine's Day
Love Me Chicken Tenders
Sweetheart Salisbury Steak
Ham Deli Sub Sandwich
Be Mine Mashed & Gravy
Cupid Corn
Whole Grain Dinner Roll
Valentine's Treat

15
HOM Cilantro
Crispito
Cilantro Lime Rice
Chicken & Cheese Quesadilla
Crispy Chicken Salad
Mexican Street Corn

18
No School/Professional Learning Day

19
Pancakes
Fruit Topping
Biscuits & Gravy
Turkey BLT Salad
Hard Boiled Egg
Breakfast Potatoes

20
National Muffin Day
French Bread Pizza
Tuna Panini
Chef Salad
Roasted Cauliflower
Pumpkin Apple Muffin

21
HOM Bell Peppers
BBQ Chicken Sandwich
Philly Flatbread
Beef Taco Salad
Calico Bean Bake

22
Chicken Alfredo w/Pasta
Garlic Toast
Cheeseburger on Bun
Southwest Chicken Salad
Green Beans

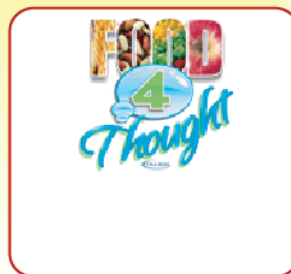
25
Chili and Tortilla Day
Beef Chili
Tortilla Chips
Chili Dog
Crispy Chicken Salad
Seasoned Ranch Wedges

26
Crispy Chicken Sandwich Basket
All American Burger Basket
Turkey BLT Salad
Kettle Potato Chips
Pickle Slice

27
Chicken Bacon Ranch Melt
Yogurt Pak with Bagel
Chef Salad
Garden Salad

28
Beefy Nachos & Homemade Cheese Sauce

Pretzel Pack
Turkey Cranberry Wrap
Refried Beans



Prices

Regular	\$2.60
Reduced	\$0.40
Adult	\$3.75



EXTRA INFO

Milk choice of 1% or ff chocolate available.
For questions/comments, please contact your FSD
at 641-257-6505 ext 2316 or
email taher@charles-city.k12.ia.us

