



Don't forget to eat your fruit and veggies!

# Charles City Schools Breakfast Menu

January 2019

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



1  
Happy New Years!

2  
No School/Professional Learning Day

3  
Mini French Toast  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

4  
Blueberry Loaf  
Cheese Stick  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

7  
Long John  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

8  
Breakfast Pizza  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

9  
Bacon, Egg & Cheese on English Muffin  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

10  
Breakfast Burrito  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

11  
Banana Choc Chip Muffin  
Or Cheese Bosco Stick  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

14  
Mini Pancakes  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

15  
Sausage Breakfast Biscuit  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

16  
Breakfast Pizza  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

17  
Cinnamon Roll  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

18  
No School/Teach Work Day

21  
No School MLK Day or/Missed Make Up Day

22  
Long John  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

23  
Biscuits & Gravy  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

24  
Breakfast Burrito  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

25  
Mini Eggo Waffles  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

28  
Banana Chocolate Loaf  
Cheese Stick  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

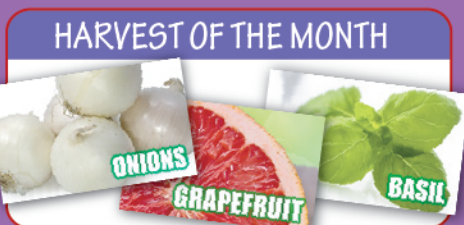
29  
Breakfast Pizza  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

30  
Waffle Sandwich  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk

31  
Mini-Cinnis  
Choice of Cereal  
Graham Crackers  
Vegetable Selection  
Fruit or Fruit Juice  
1% Milk



Prices	
Regular Student	\$1.45
Adult	\$1.85



**EXTRA INFO**  
Milk choice of 1% or ff chocolate available.  
For questions/comments, please contact your FSD  
at 641-257-6505 ext 2316 or  
email [taher@charles-city.k12.ia.us](mailto:taher@charles-city.k12.ia.us)

