



Don't forget to eat your veggies!

Charles City High School Lunch Menu

Fresh Fruit and Vegetable Bar Daily!

January 2019

MONDAY

3
THURSDAY

Classic Cafe Hamburger on a Bun, Grapefruit Orange Coleslaw

Diner Station BBQ Rib Sandwich

Pizza Station Cheese Pizza

Fresh Choices Buffalo Chicken Salad, Turkey Deli Sub Sandwich

1

No School Happy New Year!

4

Classic Cafe Roast Pork & Gravy, Mashed Potatoes, Whole Grain Dinner Roll

Diner Station Salisbury Steak Sandwich

Pizza Station Pepperoni Pizza

Fresh Choices Crispy Chicken Salad, Honey Mustard Ham Wrap

2

No School Professional Learning Day

EXTRA INFO

Harvest of the Month 



Choice of white or chocolate milk available, for questions or comments please contact your FSD @ 641-257-6505 ext 2316 or email taher@charles-city.k12.ia.us

Menus are subject to change without notice. This institution is an equal opportunity provider.





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7 MONDAY

- Classic Cafe** Biscuits & Gravy, Scrambled Egg, Breakfast Potato Casserole
- Diner Station** French Toast Sticks
- Pizza Station** Sausage Pizza
- Fresh Choices** Caesar Salad, Yogurt Pak with Bagel

8 TUESDAY

- Classic Cafe** Sloppy Joe on a Bun, Calico Bean Bake
- Diner Station** Spicy Chicken Patty on Bun
- Pizza Station** Cheese Pizza
- Fresh Choices** Turkey BLT Salad, Ham Deli Sub Sandwich

9 WEDNESDAY

- Classic Cafe** Italian Meatball Sub, Kettle Potato Chips
- Diner Station** Cheeseburger on Bun
- Pizza Station** Pepperoni Pizza
- Fresh Choices** Chef Salad, Turkey Ranch Wrap

10 THURSDAY

- Classic Cafe** Crispito, Chips and Salsa
- Diner Station** Chicken and Cheese Quesadilla
- Pizza Station** Sausage Pizza
- Fresh Choices** Beef Taco Salad, Turkey Cranberry Wrap

11 FRIDAY

- Classic Cafe** Chicken Alfredo w/Pasta, Green Beans, Garlic Toast
- Diner Station** Crispy Chicken Tenders
- Pizza Station** Cheese Pizza
- Fresh Choices** Southwest Chicken Salad, Yogurt Pak with Bagel

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14

MONDAY

Classic Cafe Philly Flatbread, Tomato Soup

Diner Station Grilled Cheese Sandwich

Pizza Station Pepperoni Pizza

Fresh Choices Harvest Chicken Salad, Turkey BLT Wrap

17

THURSDAY

Classic Cafe Beefy Nachos with Cheese, Corn

Diner Station Roasted Hot Dog on a Bun

Pizza Station Sausage Pizza

Fresh Choices Chicken Waldorf Salad, Pretzel Bites w/Cheese Cubes

15

TUESDAY

Classic Cafe Beef Chili, Cornbread, Seasoned Ranch Wedges

Diner Station Corn Dog

Pizza Station Sausage Pizza

Fresh Choices Buffalo Chicken Salad, Egg & Chicken Salad Slider Combo

18

FRIDAY

No School Teacher Work Day

16

WEDNESDAY

Classic Cafe Cheesy Italian Flatbread, Garden Salad

Diner Station Hot Ham and Cheese Panini

Pizza Station Cheese Pizza

Fresh Choices Chef Salad, Pretzel Bites w/Cheese Cubes

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21

MONDAY

MLK Day No School/ Make-Up Day

24

THURSDAY

Classic Cafe Pasta with Meat Sauce, French Bread, Caesar Salad

Diner Station BBQ Rib Sandwich

Pizza Station Cheese Pizza

Fresh Choices Buffalo Chicken Salad, Turkey Deli Sub Sandwich

22

TUESDAY

Classic Cafe Beef Stroganoff, Whole Grain Dinner Roll, Garlic & Herb Broccoli

Diner Station Crispy Chicken Sandwich

Pizza Station Cheese Pizza

Fresh Choices 7 Layer Salad, Crispy Chicken Wrap

25

FRIDAY

Classic Cafe Chicken Bacon Ranch Melt, Mediterranean Soup

Diner Station Grilled Cheese Sandwich

Pizza Station Sausage Pizza

Fresh Choices Crispy Chicken Salad, Honey Mustard Ham Wrap

23

WEDNESDAY

Classic Cafe Beef or Chicken Tacos, Lettuce, Tomato, Cheese, Mexican Brown Rice, Mini Rice Krispie Treat

Diner Station Chicken and Cheese Quesadilla

Pizza Station Pepperoni Pizza

Fresh Choices Fruited Spinach Salad, Ham Deli Sub Sandwich

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28

MONDAY

Classic Cafe Sweet n Sour Chicken Bites, Brown Rice, Whole Grain Dinner Roll

Diner Station Hamburger on a Bun

Pizza Station Pepperoni Pizza

Fresh Choices Chicken Caesar Salad, WG Chips, Salsa & Cheese Cubes

31

THURSDAY

Classic Cafe Build Your Own Baked Potato, French Bread, Homemade Brownie

Diner Station Spicy Chicken Patty on Bun

Pizza Station Taco Pizza

Fresh Choices Beef Taco Salad, Turkey Cranberry Wrap

29

TUESDAY

Classic Cafe Chicken Parmesan w/Pasta, Caesar Salad, Garlic Toast

Diner Station Fish Sandwich with Cheese

Pizza Station Cheese Pizza

Fresh Choices Turkey BLT Salad, Ham Deli Sub Sandwich

1

FRIDAY

30

WEDNESDAY

Classic Cafe Walking Taco, Spicy Pinto Beans

Diner Station Corn Dog

Pizza Station Cheese Pizza

Fresh Choices Chef Salad, Turkey Ranch Wrap

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