



Don't forget to eat your fruit and veggies!

Charles City Schools Breakfast Menu

March
2019

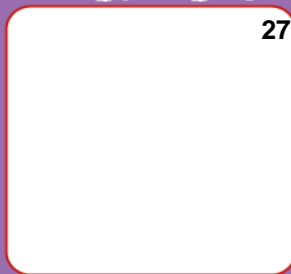
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

Mini Eggo Waffles

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

4

School Breakfast Week

Banana Chocolate Loaf
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

5

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

6

Waffle Sandwich

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

7

Mini-Cinnis

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

8

Breakfast Burrito

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

11

Spring Break

12

Spring Break

13

Spring Break

14

Spring Break

15

Spring Break

18

Ham, Egg, & Cheese Bagel

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

19

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

20

Long John

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

21

Sausage Breakfast Biscuit

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

22

Blueberry Muffin
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

25

Mini Pancakes

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

26

Egg & Cheese Breakfast Sandwich

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

27

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

28

Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

29

Long John

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
Milk

Prices

Regular	\$1.45
Adult	\$1.85



EXTRA INFO

Milk choice of 1% or ff chocolate available.
For questions/comments, please contact your FSD
at 641-257-6505 ext 2316 or
email taher@charles-city.k12.ia.us

